# THE GUIDE Relax



Groom This

FROM THE BEST EXFOLIATING FACE CLEANSER TO ANTIAGING EYE CREAMS, WE ROUNDED UP THE MUST-HAVE GROOMING PRODUCTS FOR MEN. BY JESSICA LANIEWSKI

### The Art of Shaving

Looking for a proper razor shave or the ultimate hot lather? This boutique is a mecca for in-the-know men. The new Lexington Collection—featuring a razor with Flexball technology (as easy to use as it sounds), a chic razor stand, and a pure badger brush—comes in handy when playing the part of a dapper gentleman. 139 Newbury St., 857-239-7261; artofshaving.com

#### **Baxter of California**

This brand started in 1965 with a single product. Its purpose? To soothe men's skin worn by sun and ocean water. Since then, Baxter of California has expanded into a full line geared toward everyday use. Opt for the firm-hold clay pomade with a matte finish, the herbal

#### mint toner, and the night cream with glycolic acid. Ball and Buck, 144-B Newbury St., 617-262-1776; baxterofcalifornia.com

#### Clinique

Let's hear it for the boys: Clinique's coveted formulas are available for men as well as women. The American skincare giant's line for men includes products like a face scrub that gets rid of dead skin and unwanted oil. Follow up with the lightweight Broad Spectrum SPF 21 Moisturizer, which protects the skin with an oil-free formula. *Neiman Marcus, Copley Place, 617-536-3660; clinique.com* 

#### Fresh

This Boston-born brand, well-known for its effective sensitive-skin products, has branched out into men's shaving. Try the nongreasy shaving cream with olive oil, sal seed butter, and meadowfoam seed oil, which nourishes and softens the skin during shaving, then moisturize with the skin smoother lotion, formulated with birch juice extract for extra hydration and quince extract to prevent pesky ingrown hairs. 121 Newbury St., 617-421-1212; fresh.com

#### Harry's

Well-groomed men, take note: Harry's, famous for its precision razors, is launching a men's skincare line. The first two products: a foaming shave gel and an aftershave lotion. Made with natural ingredients, including licorice root extract, milk thistle, and marula oil, they prepare the skin for shaving (with one of the brand's razors, naturally), then soothe and hydrate it afterwards. *Sault New England*, 577 *Tremont St.*, 857-239-9434; *harrys.com* 

## Kiehl's

Men may have thicker skin, but they aren't immune to dark circles under their eyes. With this in mind, Kiehl's is offering its Facial Fuel "Heavy Lifting" Eye Repair, a fast-absorbing lightweight cream—formulated with rye seed extract, linseed oil, and caffeine—that eases signs of aging around the eyes. Who doesn't need a little help for that 8 AM board meeting? 112 Newbury St., 617-247-1777; kiehls.com

#### La Mer

While some celebrity fans of La Mer infamously use jars and jars of the face cream on their bodies, sensible gents will want to stock up on green bottles of the Treatment Lotion and apply it where it belongs, softening the face and preparing it for the day. The potion is perfect in lieu of shaving cream or between shaving and moisturizing. Saks Fifth Avenue, The Shops at Prudential Center, 617-262-8500: cremedelamer.com

#### Malin+Goetz

With Malin+Goetz's unisex packaging and neutral scents, men won't mind borrowing from the ladies. Try the Rum Body Wash, a gentle foaming cleanser, rich with amino acids, that won't dry out your skin. And carry the understated scent of rum, leather, and amber with you all day by following up with the Dark Rum Tonic eau de toilette. *Barneys New York, Copley Place, 617-385-3300; malinandgoetz.com* BC

# GRINAND BARE IT

PETE DZIEDZIC, owner of three area Skoah skin spas, gives us his best advice.



How should a man change his skincare regimen as the weather gets cooler? Guys may want to change their moisturizer to something with a slightly higher lipid [oil] content to combat the drier air.

How can he maintain his facial skin? A facial every four to eight weeks makes a huge difference in a guy's skin, and exfoliating twice a week gets rid of dead skin cells.

What products should every man have in his skincare collection? It is really important to have a good shave cream, as so many problems guys suffer from are shavingrelated, including ingrown hairs, irritation, and redness. Many men also benefit from using an alcohol-free toner postshave. 641A Tremont St., 857-350-4930; 35 Newbury St., 857-350-

4896; 33 Boylston St.,

Newton, 617-383-5185;

skoah.com